



Local Anesthesia Refresher: A Hands-on Review

Saturday, August 16, 2025

Preliminary Program

Lynda J. Young Conference Room • 6-410 Moos HS Tower

8:25

Welcome

8:30

Introduction

- Armamentarium
- Local Anesthetic Agents
- Basic Injection Technique
- Patient Assessment
- Maximum Recommended Dose

9:30

Review of maxillary injection techniques

- Supraperiosteal (SP)
- Anterior Superior Alveolar (ASA)
- Middle Superior Alveolar (MSA)
- Posterior Superior Alveolar (PSA)
- Nasopalatine (NP)
- Greater Palatine (GP)

10:30 Break

10:45

Review of mandibular injection techniques

- Mental/Incisive (MI)
- Inferior Alveolar (IA/L/B)
- Gow Gates (GG)

11:30 Lunch

8 South Clinic • Moos HS Tower

12:00

Clinical practice - mandibular injections

demonstration and practice, as requested by course participants

4:45 Adjourn

Meet Our Course Director

Jill Hormann, BSDH, MSDH, Clinical Assistant Professor, Division of Dental Hygiene, Department of Primary Dental Care, University of Minnesota School of Dentistry.

Ms. Hormann received her Bachelor of Science in Dental Hygiene degree from the University of Minnesota, School of Dentistry in 2015. Following graduation, she practiced full-time as a dental hygienist before pursuing her career goal of becoming a dental hygiene educator. In 2019, Ms. Hormann received her Master of Science in Dental Hygiene degree from the University of Minnesota, School of Dentistry. In 2020, Ms. Hormann was offered a position with the Division of Dental Hygiene. Ms. Hormann now provides clinical and didactic instruction to dental hygiene and dental therapy students at the University of Minnesota School of Dentistry.

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