University of Minnesota Continuing Dental Education

Travel & Learn: Lisbon, Portugal

September 25 – October 2, 2018

Optional travel extension dates
October 2 – 5, 2018

For updates and details, visit smile.umn.edu or call 800-533-0324

Proposed Itinerary:

- Belém Tower
- City of Sintra
- Tagus River Cruise
- Seaside Vineyards
- Artisan District
- Arrabiba Peninsula
Advance your dental practice while taking pleasure in the diverse, historic beauty of Portugal. With spectacular mountains and glamorous beaches, the climate and the culture will give you memories to last a lifetime.

**TENTATIVE DATES**
September 25 - October 2, 2018
October 2 - 5, 2018 Optional Travel Extension

**DESTINATIONS/ITINERARY**

**Day One**
Depart on an overnight, transatlantic flight.

**Day Two**
Arrive in Lisbon & enjoy an evening welcome reception at the hotel.

**Day Three**
Soak in a full day of guided sightseeing and private tours, including the Belém Tower, Jerónimos Monastery, the Monument to the Discoveries & Lisbon's architectural highlights.

**Day Four**
Attend your first Continuing Dental Education (CDE) session & savor a half-day sightseeing excursion in the charming town of Sintra—a UNESCO world heritage site.

**Day Five**
Participate in a CDE session, then revel in free time to visit locations such as the National Tile Museum, the Decorative Arts Museum and the Calouste Gulbenkian Museum.

**Day Six**
Gain practice insights during your CDE session & luxuriate on a Tagus River cruise amid picturesque vineyards and artisan communities.

**Day Seven**
Compete your final CDE, experience Portugal on your own and enjoy a farewell dinner.

**Day Eight**
Return home or journey on to optional extended stay.

**OPTIONAL TRAVEL EXTENSION**

**Day Eight**
Travel to the Algarve on Portugal’s southern coast & fall in love with the scenery at a former family mansion restored into an enchanting beachfront hotel.

**Day Nine**
Delight in the sights and sounds of vibrant green mountains, visiting vineyards at Monchique and Caldas de Monchique.

**Day Ten**
Enjoy a boating adventure, taking in Portugal’s natural coastal beauty.

**Day Eleven**
Fly home with an appreciation for the lovely culture, scenery & artistry of Portugal.

**EXPERIENCE “SAUDADE...”**
Our Portuguese travel partners tell us that all who leave their beautiful country experience saudade. Saudade is a recollection of feelings, experiences, and places that once brought excitement, pleasure, and well-being. It triggers the senses and makes one feel truly alive.

We are looking forward to being with you on this world-class, life-changing dental continuing education and travel adventure.

For updated program information, travel insight, Carlson Wagonlit Travel, accommodations, flight details, and registration, visit smile.umn.edu or call 800-533-0324

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