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23rd Annual Ski & Learn: Aspen Snowmass

Thursday-Saturday, February 8-10, 2018

Thursday, February 8 • morning session

7:00 Final registration and assembly. Continental breakfast

7:30 **Pediatric Dentistry**

Dr. Isabel Contreras

Analyze pediatric patients

Determine the common “abnormal” issues we see. Do we treat/do we refer?

8:30 Refreshment break

8:45 **Pediatric Dentistry**

Dr. Isabel Contreras

Discuss restorative treatment in the pediatric patient

Review benefits of space maintainers

9:30 Question and answer session

9:45 Adjourn

Thursday, February 8 • afternoon session

4:00 Reconvene. Light refreshments

4:30 **Pediatric Dentistry**

Dr. Isabel Contreras

Explore behavior management: advanced techniques and review of the

October 2016 AAPD Sedation Guidelines

Consider behavior management: most commonly used sedation medications

in pediatric dental schools vs pediatric practices

5:30 Refreshment break

5:45 **Pediatric Dentistry**

Dr. Isabel Contreras

Obesity and underweight children: what are the differences?

Review current issues: ADD, ADHD, undiagnosed sleep apnea

6:30 Question and answer session

6:45 Adjourn



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Friday, February 9 • morning session

7:00 Reconvene. Continental breakfast

7:30 **Pediatric Dentistry** **Dr. Isabel Contreras**
Explore trauma in primary teeth and young permanent teeth: a review

8:30 Refreshment break

8:45 **Pediatric Dentistry** **Dr. Isabel Contreras**
Habits: what kinds are there?

9:30 Question and answer session

9:45 Adjourn

Friday, February 9 • afternoon session

4:00 Reconvene. Light refreshments

4:30 **Adult Pain Management** **Dr. Don Nixdorf**
Classifying orofacial pain: when is pain a disorder as opposed to a symptom?
Developing clinical evaluation: collecting the information you need

5:30 Refreshment break

5:45 **Adult Pain Management** **Dr. Don Nixdorf**
Exploring the diagnosis of TMD: demystifying 50 years of opinion
Epidemiology of TMD: who has TMD and why?

6:30 Question and answer session

6:45 Adjourn



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Saturday, February 10 • morning session

7:00 Reconvene. Continental breakfast

7:30 **Adult Pain Management**

Dr. Don Nixdorf

Treating TMD: what every dentist can and should be doing in their practice

Pulling it all together: exploring diagnosis and treatment using actual cases

11:30 Question and answer session

11:45 Adjourn

Meet the Experts

Claudia Isabel Contreras, DDS, completed her dental education at the National Autonomous University of Mexico in Mexico City in 1998. In 2004, she earned her pediatric dentistry certificate from the University of Puerto Rico Medical Sciences campus. Following her pediatric training she completed a one-year fellowship in pediatric dentistry focused on pediatric sedation at The Children's Hospital in Denver, Colorado. In August 2005, she joined University of Texas Health, San Antonio as a clinical assistant professor, where she conducts research. Dr. Contreras serves as the pediatric dental director at CommuniCare Frank Bryant Health Center in San Antonio.

Donald Nixdorf, DDS, MS, Associate Professor and Director, Division of TMD and Orofacial Pain, Department of Diagnostic and Biological Sciences, University of Minnesota School of Dentistry. Dr. Nixdorf's clinical and teaching interests include the diagnosis and management of chronic TMD pain, headaches and neuropathic pain. His research is focused on the topic of persistent non-odontogenic "tooth" pain, looking at issues related to classification, diagnosis, epidemiology, exploration of mechanisms, and treatment options.

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